

LaDonna Rose Gundersen Bio



From net to table no-one knows more about catching, cooking and eating salmon than LaDonna Gundersen. She's been a commercial fisherwoman in Alaska for more than two decades. She's also an accomplished and inventive cook.

During the summer, while working 18+ hours a day side by side with Ole on their fishing boat the LaDonna Rose, she needs to prepare meals both on the fly and without the benefit of a corner grocery store. After all there are no supermarkets at sea. But LaDonna believes that a true chef can cook a great meal anywhere and with the simplest ingredients.

While at sea, she refuses to serve 'heat and eat' pre-prepared meals. Just because she and Ole are on a boat doesn't mean they have to sacrifice taste or quality. Over the years she's developed a repertoire of quick-to-fix recipes using easy-to-find ingredients that don't sacrifice flavor. The creative and scrumptious meals she makes for she and Ole form the basis for her cookbooks. They work whether for boaters looking for recipes that can be fixed in a tiny galley (hers is all of 4x7 feet and the stovetop is only 18x21 inches!) or accomplished cooks looking for inventive ways to cook salmon and dazzle their guests at a dinner party.

LaDonna has also been a professional baker. As owner and operator of the Viking Ave Deli and Bakery in Poulsbo, Washington, she taught herself how to make a dessert look so luscious you gained two pounds just looking at it. After several short years she gave up her bakery for the love and adventure of the Alaskan lifestyle and has never looked back.

She has appeared on many radio and television programs including *Hookin' Up* with Mariko Izumi on the *World Fishing Network*, *Martha Stewart Living Radio*, the *Jay Thomas Show*, *Table Talk Radio*, *KCPQ 13* in Seattle, and the documentary, *Ketchikan, a Fish Story*. She has been featured and written about in *Where Women Cook*, *Sea Magazine*, *UK Stylist*, *Northwest Yachting*. And may other magazines and blogs

During the summer she lives on her boat, the LaDonna Rose, with her husband Ole and cat, Keta. When fishing season is over she and Ole enjoy some well-deserved downtime on the beaches of Maui.